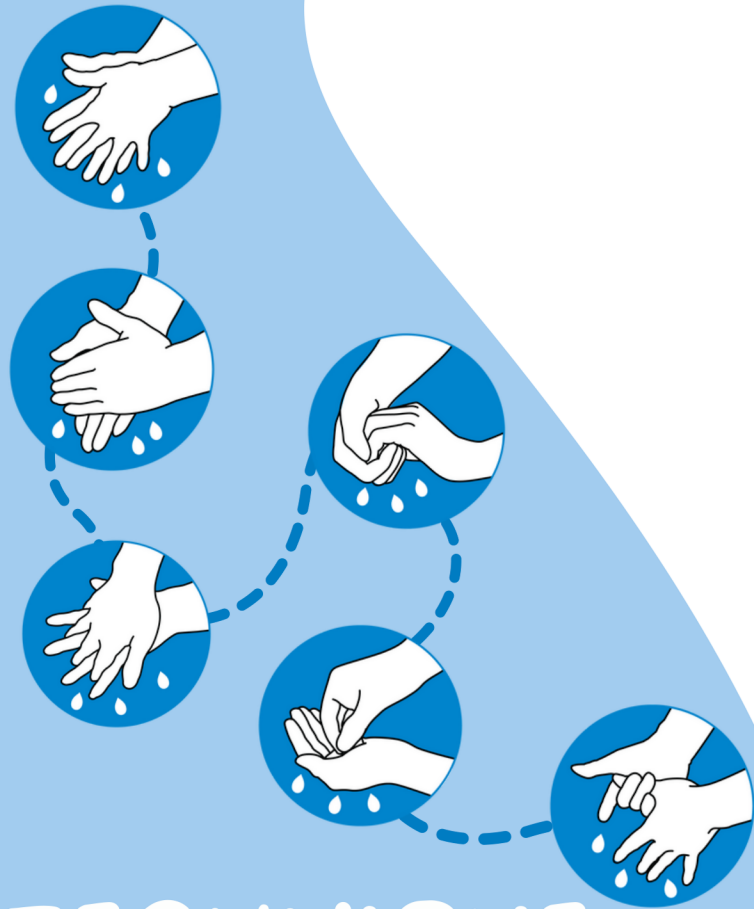


5 Moments for Hand Hygiene

- 1** Before touching a patient
- 2** Before a procedure
- 3** After a procedure or body fluid exposure risk
- 4** After touching a patient
- 5** After touching a patient's surroundings



MOMENT
when



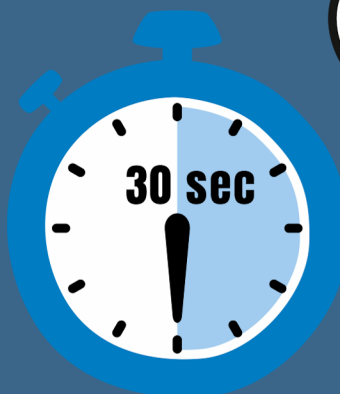
TECHNIQUE
how

AMOUNT
how much

DURATION
how long

enough to completely wet all surfaces of the hands

including back of hands, fingertips and thumbs



hands should stay wet for 30 secs to achieve effective hand disinfection*



If you cannot fully wet all surfaces of your hands OR if your hands do not remain wet for 30 seconds, this indicates that not enough product has been used.

Hand Hygiene Protects

you & me