

The clock is ticking. To read this text, you need almost exactly 30 seconds. That is also the time you need for a diligent hand disinfection. Not only before and after every patient contact, but also after every contact with the patient's surroundings. That might seem a lot to you, and it is. But it is the only way to avoid becoming a potential carrier of a life-threatening pathogen. Therefore protect your patients and yourself from healthcare-associated infections by making the time. Speaking of time: If you're not a particularly fast reader, then the 30 seconds are up. Now.

