



**hand
in hand**
FOR SAFETY
worldwide *everyday*

Feeling safe

When to choose soap.



After using the restroom

After blowing your nose

Before and after (non-commercial) preparation of food

Before every meal

Before touching your face

After entering from outside (if there is no increased risk of contact with pathogens)

After touching pets

If no disinfectants are available, although disinfection would be useful

When to choose hand disinfection.



If a household member has an infectious disease (such as a cold). Infected people should always disinfect their hands **BEFORE** contact with others, healthy people **AFTER** contact with the diseased

BEFORE providing home care to a relative with a weakened immune system or chronic wounds (e.g., after early discharge from the hospital)

BEFORE contact with a person at risk of infection

AFTER potential contact with pathogens and without clean water (on the road, when travelling, on bus & train, in the supermarket)

AFTER touching potentially diseased animals or their body fluids

Hand disinfection rules for everyone

Within private surroundings, washing hands with washlotion will be sufficient. In some situations, however, hand disinfection might be rather useful. Incidentally, disinfection is known to be more gentle on the skin than over frequently washing hands.