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### Microbial load reduction as an important compo

Microorganisms can cause **gum diseases** (gingivitis, periodontitis) and **infections**, especially in patients with risk factors.<sup>1</sup>

When the ability to implement oral hygiene measures is limited:



The **elderly** are often affected by poor oral health.<sup>2</sup>



First bacteria settle again just 2 hours after brushing teeth.<sup>3</sup>

Preoperative:



Changes in the oral flora from originally Streptococcus and Actinomyces spp. towards aerobic gramnegative bacteria.<sup>4</sup>





### onent of oral health

### In intensive care:



Surgeries may have to be postponed and carry a risk of infection.<sup>5</sup>



A quarter of all nosocomial infections are respiratory infections.



Susceptibility of mechanically ventilated patients for **pneumonia**, as ventilators interrupt mechanisms that eliminate secretion.<sup>7</sup>

Without comprehensive oral care, plaque develops within **72 hours**, which consists of hardened bacterial deposits and can lead to gum disease and infections.<sup>8</sup>

### Ventilatior Associated Pneumonia (VAP)

#### A challenge for hospitals

Adherence to effective infection prevention strategies is essential to reduce the incidence of pneumonia. Here, antiseptic oral care is an important component, because without it, unwanted microorganisms continue to spread.<sup>9</sup>



- VAP are among the most common hospital infections.<sup>10</sup>
- Increased VAP risk for patients in intensive care units, as the oral flora changes to primarily gram-negative organisms.<sup>8</sup>
- According to studies, mortality is between 9 %<sup>4</sup> and 13 %.<sup>11</sup>

VAP prolongs hospitalisation by an average of **6-9 days**<sup>12,13</sup> and may cause additional **costs of up to €30,000** per patient. <sup>14,15,16,17,18</sup>

#### Common causes of VAP:

- Microbial colonisation of plaque
- Bacterial colonisation of the oropharyngeal area (mouth/pharyngeal cavity)
- Aspiration of contaminated secretions from the mouth/pharyngeal cavity

Hence, measures that prevent micro-aspiration are generally suitable for prophylaxis of VAP. Accordingly, in addition to basic measures, KRINKO recommends patient-related measures, such as regular oral care with antiseptic substances with proven efficacy.<sup>19</sup>

KRINKO<sup>19</sup> recommends, among other, the following measures to prevent ventilation-associated pneumonias (VAP):

- Compliance with hand hygiene
- Wearing work clothing in intensive care units
- Employee training

- Sufficient staff
- Regular oral care with antiseptic substances

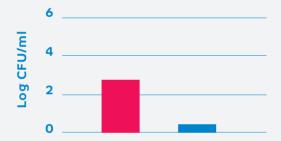


# Studies show what you can do to avoid infection.

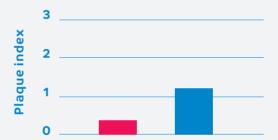
## Clinically proven - octenident® antiseptic reduces the bacterial load in the oral cavity and inhibits formation of plaque

Two clinical Phase III studies demonstrated the efficacy of octenident® antiseptic in 201 patients in terms of reducing the bacterial count in the saliva and inhibiting plague compared to a placebo mouthwash solution.<sup>20</sup>

## Reduction of bacterial load after a single application



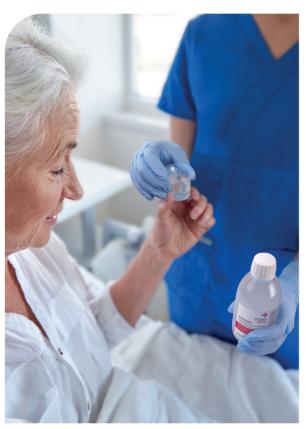
## Plaque index after 5 days



In terms of results, octenident® antiseptic shows a significantly greater reduction in the number of bacteria in the oral cavity than the placebo mouthwash solution (octenident® antiseptic 2.73 vs. placebo 0.24 IgCFU/ml; p < 0.0001) and inhibits formation of new plaque significantly stronger (PI: octenident® antiseptic 0.36 vs. placebo 1.29; p < 0.0001).

octenident® antiseptic placebo

This clinically proves that octenident® antiseptic can temporarily reduce the bacterial load in the oral cavity and prevent the formation of plaque, even in absence of mechanical tooth cleaning.





#### Help ensure the safety of your patients!



Protect the health of your patients by **using an antiseptic mouthwash solution**, such as octenident® antiseptic.



Reduce the risk of nosocomial infections by regularly rinsing the oral cavity.



Compliance with the KRINKO recommendation for the prevention of nosocomial, ventilation-associated pneumonia<sup>19</sup> to avoid risks and additional costs.



### octenident® antiseptic

1 mg/ml oromucosal solution octenidine dihydrochloride

octenident® antiseptic is a **medicinal product** that reduces the bacterial load in the oral cavity within **30 seconds**.

#### Application areas:

- For temporary reduction of bacterial count in the oral cavity
- For temporary inhibition of plaque formation
- In cases of insufficient oral hygiene capacity in adults



# How does octenident® antiseptic help protect patients?

octenident® antiseptic **penetrates even hard-to-reach areas on teeth, gums and tongue** and temporarily replaces tooth brushing when the ability to implement oral hygiene is limited.

- Contains octenidine to fight plaque, the principal cause of gingivitis and periodontitis
- Effective protection in just **30 seconds**
- Meets the requirements of the KRINKO<sup>19</sup> recommendation for hygienic oral care to prevent nosocomial, ventilation-associated pneumonia



### octenident® antiseptic

1 mg/ml oromucosal solution octenidine dihydrochloride

#### The benefits for you at a glance:



Compliance with the KRINKO<sup>19</sup> recommendation



Excellent tolerance



With octenidine



Low systemic absorption



Broad spectrum of activity, including gramnegative bacteria



Approved medicinal product

### order information

Container size 250 ml **Delivery form** 12/box

Art.-No: on request





Alcohol-free



Can also be used during pregnancy\*



Mint flavoured for improved patient compliance



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\*Please observe the Summary of Product Characteristics

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#### Important User Information octenident® antiseptic

octenident® antiseptic 1 mg/ml oromucosal solution • Active substance: octenidine dihydrochloride. Composition: 1 ml of solution contains 1 mg of octenidine dihydrochloride. Other ingredients: glycerol 85 per cent (E 422), sodium gluconate, citric acid, disodium phosphate dihydrate (for pH adjustment), macrogolglycerol hydroxystearate, sucralose, purified water, mint flavour (contains propylene glycol (E 1520)). Indications: octenident antiseptic has an antimicrobial effect. It is used for temporary reduction of bacterial count in the oral cavity, for temporary inhibition of plaque formation, and in cases of insufficient oral hygiene capacity (no tooth brushing possible, for example) in adults. Contraindications: Allergy to octenidine dihydrochloride or any of the other ingredients. Undesirable effects: Very common: Temporary taste disturbance, such as bitter aftertaste; Mild, reversible dental discoloration. Common: Numb sensation in the mouth, coating of the mouth or the tongue, temporary tongue discoloration, sensitivity of teeth. Uncommon: Headache, nausea, tingling of the tongue, more saliva in the mouth than normal. Revision 09/21

If any of the side effects get serious, or if you notice any side effects not listed in this user information, please tell your doctor or pharmacist. Schülke & Mayr GmbH, 22840 Norderstedt, Germany, Tel. +49 40 52100-666, info@schuelke.com

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